

MANAGING CHANGE

(1 day)

Up to 10 delegates

The context in which this course is run is usually a major change within or affecting the organisation, with the express aim being to train managers to understand the reasons/impact of the change and how to handle it best with their teams.

A large chunk of the content, therefore, is based on exercises specific to the change being tackled.

In addition to this, content is likely to include:

- What changes have already been experienced – individual/group reaction
- Transition Curve – understanding the reaction to any change and the stages people typically go through
- Lewin's model of change – unfreezing- change- freezing
- Practical solutions to 'unfreezing' – making change acceptable
- Freezing – building commitment to the change
- Anticipating future change – using SWOT analysis

*This may be run as a stand alone course or incorporated with other appropriate course subjects.